

LI TRIO UPDATE

THE LONG ISLAND CHAPTER OF TRANSPLANT RECIPIENTS INTERNATIONAL ORGANIZATION

▲ May 2009

THE LONG ISLAND TRIO GENERAL MEETINGS ARE HELD ON THE SECOND WEDNESDAY OF EACH MONTH FROM SEPTEMBER TO JUNE
OUR DECEMBER HOLIDAY PARTY SUBSTITUTES FOR THE DECEMBER MEETING. THE MONTHLY MEETINGS BEGIN AT 7:30 PM AND ARE HELD AT:
145 COMMUNITY DRIVE, MANHASSET, NY

Our Next Meeting With Dr. David Leiser

We are pleased to announce that our guest speaker for LI TRIO's May 20, 2009 meeting will be David Leiser, M.D.- Transplant Surgeon, The Rogosin Institute Assistant Professor of Surgery, Weill Medical College of Cornell University- Assistant Attending Surgeon, NewYork-Presbyterian Hospital/Cornell.

Dr. Lesser joined Rogosin while still stationed in Iraq and previously worked at The University of Maryland Transplant Center. He sees maintaining the long term viability of transplants as one of his highest priorities. Dr. Lesser gains tremendous personal satisfaction observing a newly transplanted kidney begin its work. Dr. Leiser is a friend of LI TRIO

We look forward to welcoming Dr. Leiser as our special guest speaker on May 20, 2009.

The World Transplant Games
Queensland's beautiful Gold Coast will be home to the 17th World Transplant Games for eight days from August 22, 2009.

Our April 2009 Monthly Meeting With Dr. Ruthee Bayer

On April 15, 2009 LI TRIO welcomed a special guest speaker. Dr. Bayer, MD-Assistant Professor of Clinical Medicine New York University School of Medicine and Director of Hematopoietic Stem Cell Transplantation North Shore University Hospital spent some time with us and discussed tissue donation with those who were in attendance. Dr. Bayer spoke about bone marrow and peripheral blood stem cell transplantation and how a patient can have a "seed" (stem cell) taken from themselves or a donor. She explained that a stem cell taken from the patient is called an Autologous Bone Marrow and Peripheral Blood Stem Cell Transplant and a stem cell taken from a donor is an Allogeneic Bone Marrow and Peripheral Blood Stem Cell Transplant.

Dr. Bayer explained that the reason a patient may need to have a stem cell transplant is if they are going to receive high dose chemotherapy or radiation. This is done because high dose chemotherapy destroys stem cells, and by reinfusing them the patient is able to better fight infection, be able to clot blood, and continue to carry oxygen to the body. The Autologous

Transplant Process begins with collecting the stem cells from the patient's bone marrow or blood. The bone marrow is subsequently processed in the laboratory to purify and concentrate the stem cells. After that the blood or bone marrow is frozen to preserve it. That process is called cryopreservation. Finally when the chemotherapy and/or radiation is completed the thawed stem cells are reinfused into the patient.

Dr. Bayer stated that the Allogeneic Transplant follows a similar process except the stem cells are collected from a donor's bone marrow or blood. A donor can be a sibling, parent or unrelated donor. The success rate depends on the HLA match between recipient and donor bone marrow. Siblings usually have greater chance of being a closer match. The National Marrow Donor Program is a resource for patients that do not have a donor match. 8 out of 10 criteria need to match in order for the recipient to receive stem cells from a donor through this program. Donor cells can sometimes attack healthy cells because the recipient takes on the (Continued on next page)

UPCOMING EVENTS AT LI TRIO

▲ May 20: Monthly Meeting with special guest David Leiser, M.D.- Transplant Surgeon, The Rogosin Institute., Assistant Professor of Surgery, Weill Medical College of Cornell University-Assistant Attending Surgeon, NewYork-Presbyterian Hospital/Cornell

▲ NKF Serving Greater New York Long Island Kidney Walk
Date: Sunday, May 31, 2009
Location: Hofstra University, Hempstead
Contact: Lindsay Gilman
212.889.2210 Extension 203

- August 19: LI TRIO presents "Organ Donation Awareness Night" at Citi-Field.- Atlanta Braves vs. NY Mets.
- August 31, 2009: The LI TRIO Singers are performing the United States of America's National Anthem at the Ducks Baseball Game.

FROM THE DESK OF:

Mike Sosna, President Long Island TRIO

We are excited about some upcoming events with respect to Long Island TRIO and our continuing efforts to carry out our mission of support, education, organ donation awareness, and advocacy.

Long Island TRIO was able to secure a Legislative Resolution memorializing Governor David A. Patterson to proclaim April 2009 Organ and Tissue Donor Awareness Month in the State of New York.

LI TRIO is presenting "Organ Donation Awareness Night" at CitiField on August 19, 2009. The LI TRIO Singers will sing the National Anthem on the field and the Atlanta Braves will be playing the Mets at CitiField. Please visit our organization's website www.litrio.org for more information on this incredible event. I'd like to give special thanks to Ed Burki who is putting a great deal of effort into this event again this year.

On August 31, 2009, the LI TRIO Singers are performing the National Anthem at the Long Island Ducks baseball game. Our chapter is organizing many events in order to help spread the word about the importance of organ donation and to show that Transplantation works.

The OPTN shares in the worldwide concern over the public health risk posed by the newly discovered H1N1 influenza strain, commonly referred to as "swine flu." At this point, we are not aware that this flu strain has affected any U.S. transplant candidates or recipients. However, we urge all transplant professionals, as well as transplant candidates, recipients and family members, to take prudent precautions to minimize the risk of infection and transmission.

Common signs and symptoms of this flu strain include fever, respiratory tract illness (cough, sore throat, runny nose), headache and muscle aches. Some with the illness also have experienced vomiting and diarrhea.

The potential impact of the H1N1 outbreak on the organ donor potential is unknown. There has not been a documented H1N1 illness contracted through blood or solid organ transmission. At present, we recommend that donation and transplant professionals continue to apply the same vigilance and assessment routinely given to potential donor evaluations.

(Continued from Page 1- Dr. Bayer)

donor's immune system. Dr. Bayer informed us that it is possible to have a stem cell transplant with an organ transplant. In the future, it will be possible to update post transplant immunosuppressant regimen protocol. Although it is not available as of yet, research is being done so people may not have to take immunosuppressant medication if they receive a stem cell transplant first and then receive an organ transplant.

The information Dr. Bayer shared with us was thorough and a topic that hadn't been discussed at previous LI TRIO meetings. After learning about tissue donation we

encourage patients that have experienced or will experience stem cell transplant to join our organization. Dr. Bayer advised us that she will also have a support group for stem cell

transplant patients at the North Shore LJJ-Monter Cancer Center. We thank Dr. Bayer for the information she shared with us with respect to stem cell transplantation.

-Helena McDermott



May Re-Birthdays

Lloyd Bucknell May 22, 2003 Kidney
Ann Grasso May 5, 1995 Liver
Leslie Kreisman May 5, 2000 Kidney
David Krugman May 13, 2006 Kidney & Liver
Hopeton Lue May 30, 2000 Kidney
Margaret Margulies May 13, 1989 Kidney
Richard Prete May 8, 2008 Liver
Vinny Santalucia May 27, 2000 Kidney
James P Schneidmuller May 23, 1987 Liver
Anthony Scro May 1999 Liver
Wilma Spatafore May 12, 2002 Liver
Ida Tesoriero May 12, 2005 Kidney
John Tolan May 1996 Kidney

New Members

Ruthee Bayer MD	Michael L Betzag
Deena Diamond	Karen Farkas
Marlene Goldstein	Deserie Matos
Sharon Ross	Frank Winter

Organ Donor Awareness at Mt Sinai

LI TRIO supported Organ Donor Awareness at Mt Sinai Hospital again this year with life stories and a question and answer period as we passed out literature while assisting in registering candidates to the New York State Donate Life Registry.

Among the LI TRIO Team Members were volunteers Iris Edelson, Kathy Vliet, Dick Harrington, Rose & Al Ferro & Dave Rodgers.

Return address:

LI TRIO
PO Box 81
Garden City, NY 11530